

Strawberry Shortcake French Toast

The Fleur-de-Lys Mansion

Serves: 4

Ingredients

4 eggs

1 ½ cups half and half

½ tsp nutmeg

1 tsp vanilla extract

1 tsp sugar

A pinch of salt

1 tsp lemon zest

3 tbsp sugar

3 cups halved strawberries

4 English muffins



Directions

Mix first 6 ingredients in a bowl together. Soak the English muffins in the egg wash for 5 minutes. Fry for about 2-3 minutes on a skillet and then bake in a 350° oven for 8-10 minutes.

Mix the lemon zest and 3 tbsp. sugar together. Toss the strawberries in the lemon-sugar mixture.

To assemble: Place strawberries on top of one half of each English muffin then place the other half of English muffin on top of strawberries. Add more strawberries on the top. Finish by topping with honey mascarpone whipped cream and a drizzle of honey.

Honey Mascarpone Whipped Cream: Whip a half cup of cream with 2 heaping tablespoons of mascarpone cream and 2 tablespoons honey.